



“We swim rain or shine!”



MASTERS SWIM TEAM

PRACTICE TIMES

| | |
|------------|-------------|
| Mondays | 5:45-7:00am |
| Wednesdays | 5:45-7:00am |
| Fridays | 5:45-7:00am |
| Saturdays | 7:45-8:45am |

PRICE \$225/non-member
AGES 18 & Over

Non-Members register now by contacting the front desk at 503.612.2400

Whether you're a seasoned swimmer, triathlete or looking for an awesome workout, join our Tigersharks Masters Swim Team! Practices offer challenging workouts with an experienced coach to motivate, encourage and refine your technique while swimming in our beautiful outdoor saline pool!



STAFFORD HILLS CLUB