

STAFFORD HILLS CLUB

12  
DAYS OF

*Fitness*

*November 26<sup>th</sup> - December 23<sup>rd</sup>*



1

REGISTER FREE ONLINE



COMPLETE 12 WORKOUTS AT SHC  
NOVEMBER 26<sup>TH</sup>-DECEMBER 23<sup>RD</sup>



COMPLETE THE CHALLENGE & BE  
ENTERED TO WIN A 60-MINUTE  
MASSAGE AT THE SHC SPA!

*Register Now:* [WWW.STAFFORDHILLS.COM/FITNESS-CHALLENGE](http://WWW.STAFFORDHILLS.COM/FITNESS-CHALLENGE)