



WINTER 2019

TIGERSHARKS

JAN 7TH-MARCH 22ND

Fun is the number one goal of Tigersharks! Swim Club introduces the sport of swimming in a fun and competitive atmosphere. Weekly practices emphasize proper stroke technique and drills while building endurance.

>> LEVEL 1 | AGES 6 & UP

REQUIREMENTS: Must be able to complete a full 25 yard freestyle and 25 yard backstroke without stopping.

>> LEVEL 2 | AGES 7 & UP

REQUIREMENTS: Must be able to complete a full 50 yard freestyle and 50 yard backstroke without stopping.

>> VARSITY | AGES 12 & UP

FOR MIDDLE & HIGH SCHOOLERS.

REQUIREMENTS: Invitation or Tryout required to participate in Varsity level.

REGISTER ON THE STAFFORD HILLS APP OR
CONTACT THE FRONT DESK AT 503-612-2400.

STAFFORD HILLS CLUB

LEVEL 1

MON | WED | FRI 4:15PM-5:00PM
\$250/MEMBER \$300/GUEST
COACH FRANCIÉ & COACH ULI

LEVEL 2

MON | WED | FRI 5:00PM-6:00PM
\$280/MEMBER \$336/GUEST
COACH FRANCIÉ & COACH LINDSAY

VARSITY

MON | WED | FRI 6:00PM-7:15PM
\$350/MEMBER \$420/GUEST
COACH MIKE