

Spring
2019

JUNIOR TENNIS LESSONS

APRIL 1ST-JUNE 9TH, 2019



Member registration opens March 1st at 8:00am. Non-member registration opens March 22nd

No Classes Memorial Day Weekend May 25th-27th or Easter Sunday April 21st

HS BEGINNER/INTERMEDIATE (Ages 14-18)

Designed for the high school players with ambitions to improve their shot patterns and consistency. Players will develop a positive tennis mindset and grow as singles and doubles competitors. Strength, conditioning and footwork are part of the curriculum.

DAY	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Mon & Wed	4:30-6:00pm	427.50/\$522.50/\$570	19	Michael/Nick/Jon

GOLD (Ages 13-18)

Designed to help players improve their competition skills by teaching singles and doubles strategy while raising confidence for tournament play. Major emphasis placed on refining stroke technique, court positioning, strategy, and developing a well-rounded game. Video analysis and foot work training are part of the curriculum.

DAY	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tues & Thurs	4:45-6:00pm	\$375/\$475/\$525	20	Michael/Nick/Jon

SILVER (Ages 13-17)

Coaches reinforce solid fundamentals, footwork & service technique at this level. Players will develop strategy, shot selection and tactics for competitive singles and doubles play. Many players will have interest in playing or preparing for high school tennis. On court fitness/footwork training is part of the daily program.

DAY	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tues & Thurs	4:45-6:00pm	\$375/\$475/\$525	20	Michael/Nick/Jon
Sunday	1:45-3:15pm	\$180/\$220/\$240	8	Lisa/Bruce

BRONZE (Ages 9-13)

Focuses on technique, footwork, strategy, and applying them to competitive rallies. This includes developing proper service technique for singles and doubles.

DAY	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tues & Thurs	3:45-4:45pm	\$300/\$400/\$450	20	All Pros
Sunday	12:30-1:45pm	\$150/\$190/\$210	8	Lisa/Bruce

BRASS (Ages 9-13)

Geared for the beginner and advanced beginner juniors or those who have little exposure to tennis. Major emphasis on building a foundation of fundamentals, energetic games, drills & sportsmanship.

DAY	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tues & Thurs	3:45-4:45pm	\$300/\$400/\$450	20	All Pros
Sunday	12:30-1:45pm	\$150/\$190/\$210	8	Lisa/Bruce

10 & UNDER (Ages 5-10)

Instructors create a positive & energetic atmosphere while instilling tennis basics and the love of tennis. Hand-eye coordination, throwing, catching & short court games with soft balls are all part of the daily program.

DAY	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Mon & Wed (5-6 Yr)	3:45-4:30pm	\$213.75/\$308.75/\$356.25	19	Michael/Jon
Mon & Wed(7-10 Yr)	3:45-4:30pm	\$213.75/\$308.75/\$356.25	19	Michael/Jon
Sunday (5-10yr)	11:00-11:45am	\$90/\$130/\$150	8	Lisa/Bruce
Sunday (5-10yr)	11:45-12:30pm	\$90/\$130/\$150	8	Lisa/Bruce

LESSON POLICY:

If enrollment is less than 5 the class will convert to a semi-private group. Once the session has begun there will be no refunds if a member wishes to cancel out of the session. Due to high demand for lessons, we are unable to offer make-up classes for missed days.

Changing class levels by approval of Tennis Director ONLY.

Version 1

TEL 503.612.2400

WEB WWW.STAFFORDHILLS.COM

MAIL TENNIS@STAFFORDHILLS.COM