

Spring
2019

ADULT TENNIS LESSONS

APRIL 1ST-JUNE 9TH, 2019



Member registration opens March 1st at 8:00am. Non-member registration opens March 22nd
No Classes or Boot Camp Memorial Day Weekend May 25-27

DRILL & PLAY

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	2.5	10:30-11:45am	\$168.75/\$213.75/\$236.25	9	Jon
Monday	3.0	7:15-8:30pm	\$168.75/\$213.75/\$236.25	9	Lisa
Thursday	3.0	6:00-7:15pm	\$187.50/\$237.50/\$262.50	10	Jon/Michael
Friday	2.5-3.0	9:15-10:30am	\$187.50/\$237.50/\$262.50	10	Bruce

H.I.T. HIGH INTENSITY TENNIS

Repetitive hitting singles & doubles drills with emphasis on footwork, balance and endurance.

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	3.0+	9:15-10:30am	\$187.50/\$237.50/\$262.50	10	Michael

CARDIO TENNIS

Fast paced drills with lots of movement.

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	4.0+	6:00-7:15pm	\$168.75/\$213.75/\$236.25	9	Lisa

SERVE & RETURN

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Thursday	All	9:15-10:30am	\$187.50/\$237.50/\$262.50	10	Jon

SHOT OF THE MONTH

Focus on your forehand, backhand, volley, overhead, serve, split steps, footwork & eye control with video analysis.

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	All	6:00-7:15pm	\$187.50/\$237.50/\$262.50	10	Jon

BEGINNER TENNIS

For adults who has never taken the court or is coming back from a long hiatus. Build a foundation of solid fundamentals.

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	Beginner	7:15-8:30pm	\$187.50/\$237.50/\$262.50	10	Michael
Thursday	Beginner	10:30-11:45am	\$187.50/\$237.50/\$262.50	10	Michael
Thursday	Beginner	7:15-8:30pm	\$187.50/\$237.50/\$262.50	10	Bruce

ADULT BOOTCAMP

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Saturday	3.0-3.5	9:15-10:30am	\$22.50/\$27.50/\$30	Drop In	All Pros
Saturday	3.5-4.0	10:30-11:45am	\$22.50/\$27.50/\$30	Drop In	All Pros

Lesson Policy: If enrollment is less than 5 the class will convert to a semi-private group. Once the session has begun there will be no refunds if a member wishes to cancel out of the session. If desired a member may arrange for a substitute to attend in their place. Due to high demand for lessons, we are unable to offer make-up classes for missed days. Only sign up for adult classes at your NTRP rating.