

STAFFORD HILLS CLUB

POOL & SPA RULES

- Guests MUST ALWAYS be checked in at the front desk BEFORE entering the Club or Pool area.
- All children under 14 years old must have an attentive adult present at all times. An attentive 18 year old person may supervise a person under 14 years old.
- If a child is 5 years or younger and/or wearing a Personal Flotation Device, an attentive parent/guardian must be within arm's length of the child.
- Shower before entering the Pool or Hot Tub.
- Walk on the pool deck.
- Reusable Swim Diapers must be worn at all times by anyone who is not potty trained or prone to accidents. Approved swim diapers are available for purchase at the front desk.
- Outside Food & Beverages are not allowed in the Club or by the pool.
- No glass allowed by the pool. Please let the cafe know you will be enjoying your food outside.
- Food or drinks are not allowed within 4ft of the pool or spa.
- No Aerosol Sunscreen anywhere in the club. Aerosol sunscreen is particularly harmful to our water chemistry & makes our pool deck slippery.
- Apply cream sunscreen 10-minutes prior to entering the pool or hot tub. This keeps the sunscreen on you and out of your pool.
- Adhere to the 10-minute Safety Break:
 - While a lifeguard is on duty we will hold a safety break once per hour. All children under the age of 14 must exit both the pool and hot tub. This is a great time to reapply sunscreen, use the restroom or grab a snack.
- Small water toys are allowed. Rough housing & throwing of these toys will not be tolerated.
- No throwing footballs, tennis balls, goggles, small water toys or other hard type objects.
- Kick boards & Pool Buoys must be used for lap swimming.
- No squirt guns and water shooters.
- No inflatable floatation devices (blow up) water wings or tubes or rings. *Approved floatation devices are available at the front desk.
- Do not hang on the lane lines or play in the lap lanes.
- Jump into the pool feet first. No diving or flips into the pool.
- Drowning games, breath holding games, chicken fights or horseplay can be dangerous and will not be tolerated.
- No throwing kids high up in the air or allow them to jump or flip off your shoulders. Keep your kids & those around you safe.
- Children under the age of 14 must be accompanied by an attentive adult while in the hot tub.
- Be respectful of others and do not play in the hot tub.
- Toys, kickboards & pull buoys are not allowed in the hot tub.

***FOR THE SAFETY, SECURITY AND COMFORT OF ALL MEMBERS & GUESTS, WE KINDLY ASK YOU TO RESPECT AND FOLLOW THE RULES. REPEAT OFFENSES CAN RESULT IN A FINE OR DISMISSAL FROM THE POOL AREA.**