

**FALL  
2018  
SESSION 1**

# ADULT TENNIS LESSONS

SEPTEMBER 4<sup>TH</sup>-OCTOBER 28<sup>TH</sup>, 2018



**Member registration opens August 15<sup>th</sup> at 8:00am. Non-member registration opens August 28<sup>th</sup>**  
**No evening classes 10/8-12. No Boot Camp 10/13 (Club Championships).**

## DRILL & PLAY

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	2.5	10:30-11:45am	\$131.25/\$166.25/\$183.75	7	Jon
Monday	3.0	7:15-8:30pm	\$112.50/\$142.50/\$157.50	6	Lisa
Thursday	3.0	6:00-7:15pm	\$131.25/\$166.25/\$183.75	7	Jon/Michael
Friday	2.5-3.0	9:15-10:30am	\$150/\$190/\$210	8	Bruce

## SINGLES DRILL

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Friday	3.0-3.5	11:45am-1:00pm	\$150/\$190/\$210	8	Bruce

## H.I.T. HIGH INTENSITY TENNIS

*Repetitive hitting singles & doubles drills with emphasis on footwork, balance and endurance.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	3.0+	9:15-10:30am	\$150/\$190/\$210	8	Michael

## CARDIO TENNIS

*Fast paced drills with lots of movement.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	4.0+	6:00-7:15pm	\$112.50/\$142.50/\$157.50	6	Lisa

## SERVE & RETURN

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Thursday	All	9:15-10:30am	\$150/\$190/\$210	8	Jon

## SHOT OF THE MONTH

*Focus on your forehand, backhand, volley, overhead, serve, split steps, footwork & eye control with video analysis.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	All	6:00-7:15pm	\$131.25/\$166.25/\$183.75	7	Jon

## BEGINNER TENNIS

*For adults who has never taken the court or is coming back from a long hiatus. Build a foundation of solid fundamentals.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	Beginner	7:15-8:30pm	\$131.25/\$166.25/\$183.75	7	Michael
Thursday	Beginner	10:30-11:45am	\$150/\$190/\$210	8	Michael
Thursday	Beginner	7:15-8:30pm	\$131.25/\$166.25/\$183.75	7	Bruce

## ADULT BOOTCAMP

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Saturday	3.0-3.5	9:15-10:30am	\$22.50/\$27.50/\$30	Drop In	All Pros
Saturday	3.5-4.0	10:30-11:45am	\$22.50/\$27.50/\$30	Drop In	All Pros

*Lesson Policy: If enrollment is less than 5 the class will convert to a semi-private group. Once the session has begun there will be no refunds if a member wishes to cancel out of the session. If desired a member may arrange for a substitute to attend in their place. Due to high demand for lessons, we are unable to offer make-up classes for missed days. Only sign up for adult classes at your NTRP rating.*

**FALL  
2018  
SESSION 2**

**ADULT TENNIS LESSONS**

OCTOBER 29<sup>TH</sup>-DECEMBER 23<sup>RD</sup>, 2018



Member registration opens August 15<sup>th</sup> at 8:00am. Non-member registration opens October 22<sup>nd</sup>  
No classes November 22<sup>nd</sup>-25<sup>th</sup>

**DRILL & PLAY**

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	2.5	10:30-11:45am	\$150/\$190/\$210	8	Jon
Monday	3.0	7:15-8:30pm	\$150/\$190/\$210	8	Lisa
Thursday	3.0	6:00-7:15pm	\$131.25/\$166.25/\$183.75	7	Jon/Michael
Friday	2.5-3.0	9:15-10:30am	\$131.25/\$166.25/\$183.75	7	Bruce

**SINGLES DRILL**

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Friday	3.0-3.5	11:45am-1:00pm	\$131.25/\$166.25/\$183.75	7	Bruce

**H.I.T. HIGH INTENSITY TENNIS**

*Repetitive hitting singles & doubles drills with emphasis on footwork, balance and endurance.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	3.0+	9:15-10:30am	\$150/\$190/\$210	8	Michael

**CARDIO TENNIS**

*Fast paced drills with lots of movement.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	4.0+	6:00-7:15pm	\$150/\$190/\$210	8	Lisa

**SERVE & RETURN**

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Thursday	All	9:15-10:30am	\$131.25/\$166.25/\$183.75	7	Jon

**SHOT OF THE MONTH**

*Focus on your forehand, backhand, volley, overhead, serve, split steps, footwork & eye control with video analysis.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	All	6:00-7:15pm	\$150/\$190/\$210	8	Jon

**BEGINNER TENNIS**

*For adults who has never taken the court or is coming back from a long hiatus. Build a foundation of solid fundamentals.*

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Tuesday	Beginner	7:15-8:30pm	\$150/\$190/\$210	8	Michael
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**ADULT BOOTCAMP**

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
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