

# SUMMER 2018 Session 1

## ADULT TENNIS LESSONS

JUNE 18<sup>TH</sup>-JULY 22<sup>ND</sup>, 2018



Member registration opens April 1<sup>st</sup> at 8:00am. Non-member registration opens April 7<sup>th</sup>  
No class Wednesday July 4<sup>th</sup>

### DRILL & PLAY

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	2.5	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Jon
Monday	3.0	7:15-8:30pm	\$93.75/\$118.75/\$131.25	5	Lisa
Wednesday	3.5	9:15-10:30am	\$75/\$95/\$105	4	Michael
Thursday	3.0	6:00-7:15pm	\$93.75/\$118.75/\$131.25	5	Jon/Michael
Friday	2.5-3.0	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Bruce

### SINGLES DRILL

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Friday	3.0-3.5	11:45am-1:00pm	\$93.75/\$118.75/\$131.25	5	Bruce

### H.I.T. HIGH INTENSITY TENNIS

*Repetitive hitting singles & doubles drills with emphasis on footwork, balance and endurance.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	3.0+	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Michael

### CARDIO TENNIS

*Fast paced drills with lots of movement.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	4.0+	6:00-7:15pm	\$93.75/\$118.75/\$131.25	5	Lisa

### SERVE & RETURN

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Thursday	All	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Jon

### SHOT OF THE MONTH

*Focus on your forehand, backhand, volley, overhead, serve, split steps, footwork & eye control with video analysis.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	All	6:00-7:15pm	\$93.75/\$118.75/\$131.25	5	Jon

### BEGINNER TENNIS

*For adults who has never taken the court or is coming back from a long hiatus. Build a foundation of solid fundamentals.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Thursday	Beginner	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Michael

### ADULT BOOTCAMP

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Saturday	3.0-3.5	9:15-10:30am	\$22.50/\$27.50/\$30	Drop In	All Pros
Saturday	3.5-4.0	10:30-11:45am	\$22.50/\$27.50/\$30	Drop In	All Pros

*Lesson Policy: If enrollment is less than 5 the class will convert to a semi-private group. Once the session has begun there will be no refunds if a member wishes to cancel out of the session. If desired a member may arrange for a substitute to attend in their place. Due to high demand for lessons, we are unable to offer make-up classes for missed days. Only sign up for adult classes at your NTRP rating.*

# SUMMER 2018 Session 2

## ADULT TENNIS LESSONS

JULY 23<sup>RD</sup>-AUGUST 26<sup>TH</sup>, 2018



Member registration opens April 1<sup>st</sup> at 8:00am. Non-member registration opens April 7<sup>th</sup>

### DRILL & PLAY

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	2.5	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Jon
Monday	3.0	7:15-8:30pm	\$93.75/\$118.75/\$131.25	5	Lisa
Wednesday	3.5	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Michael
Thursday	3.0	6:00-7:15pm	\$93.75/\$118.75/\$131.25	5	Jon/Michael
Friday	2.5-3.0	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Bruce

### SINGLES DRILL

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Friday	3.0-3.5	11:45am-1:00pm	\$93.75/\$118.75/\$131.25	5	Bruce

### H.I.T. HIGH INTENSITY TENNIS

*Repetitive hitting singles & doubles drills with emphasis on footwork, balance and endurance.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Tuesday	3.0+	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Michael

### CARDIO TENNIS

*Fast paced drills with lots of movement.*

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Monday	4.0+	6:00-7:15pm	\$93.75/\$118.75/\$131.25	5	Lisa

### SERVE & RETURN

DAYS	LEVEL	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Thursday	All	9:15-10:30am	\$93.75/\$118.75/\$131.25	5	Jon

### SHOT OF THE MONTH

*Focus on your forehand, backhand, volley, overhead, serve, split steps, footwork & eye control with video analysis.*

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