

Winter  
2021

# STAFFORD HILLS CLUB JUNIOR TENNIS LESSONS

JANUARY 4<sup>TH</sup>-MARCH 19<sup>TH</sup>, 2021

Member registration opens December 16<sup>th</sup> at 2:00pm.



**NO Elite Jr, High School, Gold & Silver classes during Mixed Doubles Tournament Feb. 20-27.**

## ELITE JUNIORS (Ages 14-18)

Designed for the high school players with ambitions to improve their shot patterns and consistency. Players will develop a positive tennis mindset and grow as singles and doubles competitors. Strength, conditioning and footwork are part of the curriculum. **Pro Approval Needed.**

DAY	TIME	PRICE (TFA/FA)	#CLASSES	INSTRUCTOR
Monday & Friday	4:30-6:00pm	\$450/\$550	20	Jon

## BEGINNER/INTERMEDIATE HIGH SCHOOL (Ages 14-18)

Designed for the high school players with ambitions to improve their shot patterns and consistency. Players will develop a positive tennis mindset and grow as singles and doubles competitors. Strength, conditioning and footwork are part of the curriculum.

DAY	TIME	PRICE (TFA/FA)	#CLASSES	INSTRUCTOR
Wednesday	4:30-6:00pm	\$225/\$275	10	Bjorn

## GOLD (Ages 13-18)

Designed to help players improve their competition skills by teaching singles and doubles strategy while raising confidence for tournament play. Major emphasis placed on refining stroke technique, court positioning, strategy, and developing a well-rounded game. Video analysis and foot work training are part of the curriculum.

DAY	TIME	PRICE (TFA/FA)	#CLASSES	INSTRUCTOR
Tues & Thurs	4:45-6:00pm	\$375/\$475	20	Michael/Nick/Jon

## SILVER (Ages 13-17)

Coaches reinforce solid fundamentals, footwork & service technique at this level. Players will develop strategy, shot selection and tactics for competitive singles and doubles play. Many players will have interest in playing or preparing for high school tennis. On court fitness/footwork training is part of the daily program.

DAY	TIME	PRICE (TFA/FA)	#CLASSES	INSTRUCTOR
Tues & Thurs	4:45-6:00pm	\$375/\$475	20	Michael/Nick/Jon
Sunday	1:45-3:15pm	\$225/\$275	10	Lisa/ Bjorn

## BRONZE (Ages 9-13)

Focuses on technique, footwork, strategy, and applying them to competitive rallies. This includes developing proper service technique for singles and doubles.

DAY	TIME	PRICE (TFA/FA)	#CLASSES	INSTRUCTOR
Tues & Thurs	3:45-4:45pm	\$330/\$440	22	All Pros
Sunday	12:30-1:45pm	\$187.50/\$237.50	10	Lisa/Bjorn

## BRASS (Ages 9-13)

Geared for the beginner and advanced beginner juniors or those who have little exposure to tennis. Major emphasis on building a foundation of fundamentals, energetic games, drills & sportsmanship.

DAY	TIME	PRICE (TFA/FA)	#CLASSES	INSTRUCTOR
Tues & Thurs	3:45-4:45pm	\$330/\$440	22	All Pros
Sunday	12:30-1:45pm	\$187.50/\$237.50	10	Lisa/Bjorn

## 10 & UNDER (Ages 5-10)

Instructors create a positive & energetic atmosphere while instilling tennis basics and the love of tennis. Hand-eye coordination, throwing, catching & short court games with soft balls are all part of the daily program.

DAY	TIME	PRICE (TFA/FA/GUEST)	#CLASSES	INSTRUCTOR
Mon & Wed (5-6 Yr)	3:45-4:30pm	\$247.50/\$357.50	22	Michael/Jon
Mon & Wed(7-10 Yr)	3:45-4:30pm	\$247.50/\$357.50	22	Michael/Jon
Sunday (5-10yr)	11:00-11:45am	\$112.50/\$162.50	10	Lisa/Bjorn
Sunday (5-10yr)	11:45-12:30pm	\$112.50/\$162.50	10	Lisa/Bjorn

**LESSON POLICY:** If enrollment is less than 5 the class will convert to a semi-private group. Once the session has begun there will be no refunds if a member wishes to cancel out of the session. Due to high demand for lessons, we are unable to offer make-up classes for missed days.

**Changing class levels by approval of Tennis Director ONLY.**

TEL 503.612.2400

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